





Index for Annexures

SN	Annexure No	Page No
1	Annexure I	2
2	Annexure II	3
3	Annexure III	4-12
4	Annexure IV	13-34
5	Annexure V	35-37
6	Annexure VI	34-41







Annexure – I

S.No	District	Discipline	Address
1	Khairgarh-Chuikhadan-Gandai	Football	Football Training Centre, Khairgarh
2	Mohla- Manpur-Ambagarh Chowki	Football	Football Training Centre, Ambagarh Chowki







Annexure-II

List of Centres proposed for KICs in the State of Mizoram:

S.No.	Name of the District	Discipline	Name of the Centre	Address
1.	Serchip	Badminton	Serchhip District Badminton (SIDBA)	SIDBA Hall, Venglai, Serchip, Mizoram, PIN Code: 796181

List of Centres proposed for KICs in the UT of Lakshadweep:

S.No.	Name of the District	Discipline	Name of the Centre	Address
1.	Lakshadweep (Kadmath Island)	Athletics	Khelo India Centre for Athletics	Department of Sports & Youth Affairs, UT of Lakshadweep, PIN Code: 682556
2.	Lakshadweep (Kavaratti Island)	Volleyball	Khelo India Centre for Volleyball	Department of Sports & Youth Affairs, UT of Lakshadweep, PIN Code: 682555

Annexure III

	Budget Propose	ed by the Sta	ite						Estimated Budget by Khelo India					
S.No.	Designation	Vacancy	Salary (per month)	Month	Total Amount	Staff Available	Staff to be Alloted	Salary (per month)	Month	Total Amount	Remarks			
1	High Performance Director	1		12	₹ 24,00,000	0	1	100000-150000	12	₹18,00,000				
2	Technical Director	1		12	₹ 16,80,000	0	0		12	₹0				
3	Head Coach (Athletics, Hockey and Boxing)	3		12	₹ 36,00,000	1	3	100000-150000	12	₹54,00,000	Available-01 (Hockey)-On Contractual Basis			
											Available-05 (04-Athletics, 01-Hockey)-On Contractual Basis Available-02 (01-Athletics, 01-Hockey)-On Permanent Basis			
	Assistant Coach	6		12	₹ 50,40,000			40000-60000	12		Alloted 01 for Boxing			
5	Physiologist	2		12	₹ 19,20,000	0	1	40000-60000	12	₹7,20,000	Grade-I Salary Bracket			
6	Nutritionist/Dietician	2		12	₹ 14,40,000	0	1	75000-100000	12	₹12,00,000				
7	Masseur	3		12	₹ 10,80,000	0	2	35000	12	₹8,40,000				
8	Doctor/Sports Injury Management Team	2		12	₹ 19,20,000	0	1	100000-150000	12	₹18,00,000				
9	Yoga Instructor	2		12	₹ 9,60,000	0	0	25000	12	₹0				
10	Psychologist	0		12	₹0	0	1	40000-60000	12	₹7,20,000				
11	Strength & Conditioning Trainer	3		12	₹ 36,00,000	0	0	100000-150000	12	₹0	Lead Salary Bracket			
12	Physiotherapist	2		12	₹ 12,00,000	0	1	40000-60000	12	₹7,20,000	Grade-I Salary Bracket			
13	Conditioning Expert	3		12	₹ 28,80,000	0	1	60000-80000	12	₹9,60,000	Grade-II Salary Bracket			
14	Biomechanics Expert	2		12	₹ 19,20,000	0	0	60000-80000	12	₹0	Grade-II Salary Bracket			
	Total	32			₹ 2,96,40,000		13			₹1,48,80,000				

			Ath	letics-Consumable	s (Current Strength: 40	Boys and 25 Girls)			
S n.	Equipment Name	Unit Cost	No.s	Total Cost	Quantity Available	Quantity Admissible	Total Cost	Consumable/ Non- Consumable	Remarks
1	Stop Watch	₹4,000	5	₹20,000	0	0	₹0	Consumable	Item Repeat in S.No.32
2	Measuring Tape 50 mt.	₹400	5	₹2,000	0	3	₹1,200	Consumable	
3	Thera Bands	₹800	50	₹40,000	0	2	₹1,600	Consumable	
4	Hammer Wire	₹100	20	₹2,000	0	20	₹2,000	Consumable	
5	Measuring Tape 100 mt.	₹700	5	₹3,500	0	3	₹2,100	Consumable	
6	Agility Sticks	₹250	10	₹2,500	0	10	₹2,500	Consumable	
7	Ankle Weight 500 Gm, 1kg,& 2Kg	₹1,300	3	₹3,900	0	3	₹3,900	Consumable	in sets
8	Climbing Ropes	₹1,500	3	₹4,500	0	3	₹4,500	Consumable	
9	Hammer Throe Handle Strong Aluminum Grip & Strong Steel Grip IAAF Approved	₹250	20	₹5,000	0	20	₹5,000	Consumable	
	Loop Bads, lite, Medium & Heavy	₹800	10	₹8,000	0	10	₹8,000	Consumable	
11	Stretching Rope with Handle	₹1,200	10	₹12,000	0	10	₹12,000	Consumable	
12	Polymetric Hurdles 6",12",18"	₹250	10	₹2 <i>,</i> 500	0	20	₹5,000	Consumable	
13	Discuss 2.5 Kg	₹4,000	10	₹40,000	0	4	₹16,000	Consumable	
14	Discuss 2.25 Kg	₹4,000	10	₹40,000	0	4	₹16,000	Consumable	
15	Yoga Mats	₹800	20	₹16,000	0	20	₹16,000	Consumable	
16	Discuss 1 Kg	₹5,000	10	₹50,000	0	4	₹20,000	Consumable	
17	Discuss 1.25 Kg	₹5,000	10	₹50,000	0	4	₹20,000	Consumable	
18	Discuss 1.5 Kg	₹6,000	10	₹60,000	0	4	₹24,000	Consumable	
19	Discuss 1.75 Kg	₹6,000	10	₹60,000	0	4	₹24,000	Consumable	
20	Javelin (Alm.) 500 gm	₹7,000	10	₹70,000	0	4	₹28,000	Consumable	
21	Discuss 2 KG Competition	₹7,000	10	₹70,000	0	4	₹28,000	Consumable	
22	Javelin (Alm.) 600 gm	₹8,000	10	₹80,000	0	4	₹32,000	Consumable	
23	Javelin (Alm.) 700 gm	₹10,000	10	₹1,00,000	0	4	₹40,000	Consumable	
24	Medicine Balls 1 Kg to 10 Kg	₹7,000	10	₹70,000	0	5	₹35,000	Consumable	in sets
25	Javelin (Alm.) 800 gm	₹10,000	15	₹1,50,000	0	4	₹40,000	Consumable	
26	Javelin Competition 500 gm Aluminimum	₹50,000	10	₹5,00,000	0	2	₹1,00,000	Consumable	
27	Javelin Competition 600 gm Aluminimum 60-80	₹80,000	10	₹8,00,000	0	2	₹1,60,000	Consumable	
28	Javelin Competition 700 gm Aluminimum 60-80	₹1,00,000	7	₹7,00,000	0	2	₹2,00,000	Consumable	
29	Pole Vault 4.7 mt, 160 lbs	₹40,000	6	₹2,40,000	0	3		Consumable	
30	High Jump Bar, Stand, Mats	₹3,10,000	1	₹3,10,000	0	1	₹3,10,000	Consumable	
31	Javelin Competition 800 gm Aluminimum 60-80	₹1,15,000	10	₹11,50,000	0	2	₹2,30,000	Consumable	
32	Pole Vault Bar, Stand, Mats	₹5,50,000	1	₹5,50,000	0	1	₹5,50,000	Consumable	

Total	₹51,91,900	₹20,56,800	
GST@18%	₹9,34,542	₹3,70,224	
Grand Total	₹61,26,442	₹24,27,024	

S n. Equipment Name	Unit Cost	No.s	Total Cost	Quantity Available	Quantity Admissible	Total Cost	Consumable/ Non- Consumable	Remarks
1 Take of Board IAAF Approved	₹5,000	6	₹30,000	0	0	₹0	Non-Consumable	provided if
2 Marking Machine	₹5,000	2	₹10,000	0	0	₹0	Non-Consumable	Not Required
3 Kettle Bell 3,5,8,12 & 16 Kg	₹8,000	2	₹16,000	0	0	₹0	Non-Consumable	Gym Item
4 Shotput 8 Kg	₹2,400	5	₹12,000	0	2	₹4,800	Non-Consumable	
5 Shotput 3 Kg	₹1,300	5	₹6,500	0	4	₹5,200	Non-Consumable	
6 Shotpuut 4 Kg	₹1,500	5	₹7,500	0	4	₹6,000	Non-Consumable	
7 Stop Board	₹2,000	3	₹6,000	0	3	₹6,000	Non-Consumable	
8 Shotput 5 Kg	₹1,700	5	₹8,500	0	4	₹6,800	Non-Consumable	
9 Shotput 6 Kg	₹1,800	5	₹9,000	0	4	₹7,200	Non-Consumable	
10 Weight Machine	₹8,500	2	₹17,000	0	1	₹8,500	Non-Consumable	
11 Shotput 7.260 Kg	₹2,200	5	₹11,000	0	4	₹8,800	Non-Consumable	
12 Hammer 8 Kg	₹7,500	5	₹37,500	0	2	₹15,000	Non-Consumable	
13 Hammer 3 Kg	₹5,000	5	₹25,000	0	4	₹20,000	Non-Consumable	
14 Hammer 4 kg	₹5,500	5	₹27,500	0	4	₹22,000	Non-Consumable	
15 Hammer 5 Kg	₹6,000	5	₹30,000	0	4	₹24,000	Non-Consumable	
16 Spring Board	₹8,000	3	₹24,000	0	3	₹24,000	Non-Consumable	
17 Hammer 6 Kg	₹6,300	5	₹31,500	0	4	₹25,200	Non-Consumable	
18 Stop Watch	₹4,000	7	₹28,000	0	7	₹28,000	Non-Consumable	
19 Hammer 7.260 Kg	₹7,300	5	₹36,500	0	4	₹29,200	Non-Consumable	
20 Starting Block IAAF Approved	₹7,000	10	₹70,000	0	8	₹56,000	Non-Consumable	
21 Hurdles for Training	₹1,500	50	₹75,000	0	50	₹75,000	Non-Consumable	
22 Steeple Chase Hurdles	₹40,000	2	₹80,000	0	2	₹80,000	Non-Consumable	
23 Spare Bars 20kg	₹8,000	10	₹80,000	0	10	₹80,000	Non-Consumable	
24 Jumping Box All Size	₹32,000	4	₹1,28,000	0	4	₹1,28,000	Non-Consumable	in sets
25 Competition Hurdles	₹4,000	100	₹4,00,000	0	40	₹1,60,000	Non-Consumable	
26 Weigt Training Plate Forms	₹2,00,000	3	₹6,00,000	0	1	₹2,00,000	Non-Consumable	
27 Weight Training Set IWF Approved (Eliko)	₹4,00,000	3	₹12,00,000	0	1	₹4.00.000	Non-Consumable	

Total	₹29,76,500		₹14,19,700	
GST@18%	₹5,35,770		₹2,55,546	
Grand Total	₹35,12,270		₹16,75,246	

	Boxing-Co	onsumables (Curre	nt Stre	ngth: 35 Boys and	d 20 Girls)	
S n.	Equipment Name	Unit Cost	No.s	Total Cost	Discipline	Consumable/ Non- Consumable
1	Gum Shield/Teeth guard	₹50	50	₹2,500	Boxing	Consumable
2	Punching Pad Training	₹1,500	20	₹30,000	Boxing	Consumable
3	Boxing Gloves 10 oz	₹1,500	30	₹45 <i>,</i> 000	Boxing	Consumable
4	Headguard Training small size	₹1,500	30	₹45,000	Boxing	Consumable
5	Headguard Training medium size	₹1,500	30	₹45 <i>,</i> 000	Boxing	Consumable
6	Headguard Training large size	₹1,500	30	₹45,000	Boxing	Consumable
7	Boxing Gloves 12 oz	₹1,550	30	₹46,500	Boxing	Consumable
8	Boxing Gloves 16 oz	₹1,650	20	₹33,000	Boxing	Consumable
9	Speed Ball complete set with stand	₹6,000	10	₹60,000	Boxing	Consumable
10	Punching Bag Heavy	₹5,000	15	₹75 <i>,</i> 000	Boxing	Consumable
11	Punching Bag Medium	₹4,500	30	₹1,35,000	Boxing	Consumable
12	Wall Pad	₹7,500	30	₹2,25,000	Boxing	Consumable
13	Dummy	₹15,000	10	₹1,50,000	Boxing	Consumable
14	Ring Mat waterproof	₹20,000	10	₹2,00,000	Boxing	Consumable
15	Ring Rope complete set	₹35,000	10	₹3,50,000	Boxing	Consumable
	Total			₹14,87,000		
	GST@18%			₹2,67,660		
	Grand Total			₹17,54,660		

	Boxing-Non-Consumables (Current Strength: 35 Boys and 20 Girls)							
Sn.	Equipment Name	Unit Cost	No.s	Total Cost	Discipline	Consumable/ Non- Consumable		
1	Olympic Rod 15 kg	₹2,500	0	₹0	Boxing	Non-Consumable		
2	Olympic Rod 20 kg	₹5,000	0	₹0	Boxing	Non-Consumable		
3	Boxing Ring Training cum Competition	₹4,00,000	2	₹8,00,000	Boxing	Non-Consumable		
	Total			₹8,00,000				
	GST@18%			₹1,44,000		-		
	Grand Total							
			•					

Overall Total		₹26,98,660

	Hockey-Consumables (Current Strength: 60 Boys and 30 Girls)													
S n.	Equipment Name	Unit Cost	No.s	Total Cost	Discipline	Consumable/ Non- Consumable	Quantity Admissible	Unit Cost	Total Cost	Remarks				
1	Hockey Stick wooden	₹1,000	100	₹1,00,000	Hockey	Consumable	0	₹1,000	₹0	Not Recommended				
2	Abdominal Guard	₹100	50	₹5,000	Hockey	Consumable	50	₹100	₹5,000	Fine				
3	Hockey Ball	₹150	100	₹15,000	Hockey	Consumable	100	₹150	₹15,000	Fine				
4	Hockey Ball Turf for Practice	₹150	100	₹15,000	Hockey	Consumable	100	₹150	₹15,000	Fine				
5	Face Mask	₹500	40	₹20,000	Hockey	Consumable	40	₹500	₹20,000	Fine				
6	Hockey goal Post Net	₹5,000	8	₹40,000	Hockey	Consumable	8	₹5,000	₹40,000	Fine				
7	Yoga Mat	₹800	50	₹40,000	Hockey	Consumable	50	₹800	₹40,000	Fine				
8	Match Ball Kooka Burra	₹3,000	25	₹75,000	Hockey	Consumable	25	₹3,000	₹75,000	Fine				
9	Playing Kit	₹200	100	₹20,000	Hockey	Consumable	100	₹1,000	₹1,00,000	1000/- per kit alteast				
10	Athletics Hurdles	₹5,000	20	₹1,00,000	Hockey	Consumable	0	₹5 <i>,</i> 000	₹0	Allotted in Athletic Equipment				
11	Shin Guard	₹900	150	₹1,35,000	Hockey	Consumable	180	₹150	₹27,000	Fine				
12	Goal keeper Kit (Senior)	₹50,000	4	₹2,00,000	Hockey	Consumable	2	₹2,50,000	₹5,00,000	For both seniors and juniors, the GK kit should be of high grade as it pertains to safety, while also being lightweight with good rebound capabilities. Therefore, Brand OBO is recommended, as we already provide it in our NCOE, and it costs 2.50 lakh per complete kit.				
13	Hockey Stick 50% carbon	₹6,000	50	₹3,00,000	Hockey	Consumable	90	₹13,000	₹11,70,000	2 Hockey Sticks per player is admissible (180 sticks per year) and should be 90 to 100% carben and cost arround 13000/- per unit				
	Hockey stick 65 % Carbon	₹8,000		₹8,00,000	Hockey	Consumable	90	₹13,000	₹11,70,000					
15	Goal keeper Kit (Junior)	₹20,000	8	₹1,60,000	Hockey	Consumable	4	₹2,50,000	₹10,00,000					
	Total			₹20,25,000					₹41,77,000					
	GST@18%			₹3,64,500					₹7,51,860					
	Grand Total			₹23,89,500					₹49,28,860					

	Hockey-Non-Consumables (Current Strength: 60 Boys and 30 Girls)													
S n.	Equipment Name	Unit Cost	No.s	Total Cost	Discipline	Consumable/ Non- Consumable	Quantity Admissible	Unit Cost	Total Cost	Remarks				
1	Hockey goal post (set)	₹52,000	2	₹1,04,000	Hockey	Non-Consumable	2	₹1,50,000	₹3,00,000	Should be Waterproof and it coast 1.50 Lack per pair				
	Total			₹1,04,000					₹3,00,000					
	GST@18%		₹18,720					₹54,000						
	Grand Total		₹1,22,720					₹3,54,000						

				(Anthropomet	ry) - Phase 2				
S.no	Equipment Name	Unit Cost	Nos.	Approx. Cost by State	Equipment Name	Unit Cost	Quantity	Total Cost	Recommended
1	Postural Analysis Software	₹1,00,000	1	₹1,00,000	Postural Analysis Software	₹1,00,000	0	₹0	Phase -2
2	Segmometer	₹1,65,000	1	₹1,65,000	Segmometer	₹1,65,000	0	₹0	Phase -2
3			1		Large and Small Bone Sliding		0		
	Large and Small Bone Sliding Caliper	₹50,000		₹50,000	Caliper	₹50,000		₹0	Phase -2
4	Digital Stadiometer (1 unit)	₹1,00,000	1	₹1,00,000	Digital Stadiometer (1 unit)	₹1,00,000	0	₹0	Phase -2
5	Digital BMI Machine	₹1,50,000	1	₹1,50,000	Digital BMI Machine	₹1,50,000	0	₹0	Phase -2
	Anthropometric Kit				Anthropometric Kit				
	i. Anthropometer (01)				i. Anthropometer (01)				
6	ii. Vernier sliding caliper (01)	3 7 00 000	1	37 00 000	ii. Vernier sliding caliper (01)	== 00 000	0	=0	
6	iii. Skinfold caliper (01)	₹7,00,000	1	₹7,00,000	iii. Skinfold caliper (01)	₹7,00,000	0	٦0	Phase -2
	iv. Flexible measuring tape 2m				iv. Flexible measuring tape 2m				
	v. Spreading caliper (01)				v. Spreading caliper (01)				
7			1		Multi-frequency Body composition		0		
	Multi-frequency Body composition analyzer	₹12,00,000		₹12,00,000	analyzer	₹12,00,000		₹0	Phase -2
8			1		Harpenden/Holtain Sitting Height		0		
	Harpenden/Holtain Sitting Height Table	₹2,00,000		₹2,00,000	Table	₹2,00,000		₹0	Phase -2
9	Sit and Reach Box	₹1,00,000	1	₹1,00,000	Sit and Reach Box	₹1,00,000	0	₹0	Phase -2
10	Portable anthropometric chair	₹2,50,000	1	₹2,50,000	Portable anthropometric chair	₹2,50,000	0	₹0	Phase -2
11			1				0		
	Digital Back & Leg Dynamometer	₹1,50,000		₹1,50,000	Digital Back & Leg Dynamometer	₹1,50,000		₹0	Phase -2
12	Digital Grip Dynamometer	₹1,00,000	1	₹1,00,000	Digital Grip Dynamometer	₹1,00,000	0	₹0	Phase -2
			Total	₹32,65,000	Total			₹0	
				Biomechanic	s) - Phase 2				
S N	Equipment Name	Unit Cost	Nos.	Approx. Cost by State	Equipment Name	Unit Cost	Quantity	Total Cost	Recommended
	Electronic (wireless) Timing gates (8 gates) SMART		1		Electronic (wireless) Timing gates		0		
	Speed	₹20,00,000		₹20,00,000	(8 gates) SMART Speed	₹20,00,000		₹0	Phase -2
	Basic software for video analysis with laptop (i7,		1				0		
2	64-bit) DartFish 1 licence	₹5,00,000		₹5,00,000	Forceframe	₹35,00,000		₹0	Phase -2
	Video camera (2) with tripod with remote		1				0		
3	(minimum 120 frames per second)	₹5,00,000		₹5,00,000	Nordboard	₹30,00,000		₹0	Phase -2

	KISTLER Portable force plate with laptop (600 mm		1				0		
4	4 x 400 mm) with MARS software	₹25,00,000		₹25,00,000		₹30,00,000			Phase -2
	Total			₹55,00,000	Total			₹0	
				l (Physio	logy)				
S N	Equipment Name	Unit Cost	Nos.	Approx. Cost by State	Equipment Name	Unit Cost	Quantity	Total Cost	Recommended
	Portable Computerized breath by breath				Portable Computerized breath by				
	metabolic gas analyzer with Treadmill and Bicycle				breath metabolic gas analyzer with				
1	l ergometer	₹45,00,000	1	₹45,00,000	Treadmill and Bicycle ergometer	₹40,00,000	0	₹0	Phase -2
	GPS Heart Rate Monitor Live with software,				GPS Heart Rate Monitor Live with				
2	2 memory belt and laptop	₹20,00,000	1	₹20.00.000	software, memory belt and laptop	₹20,00,000	1	₹20,00,000	Vec
	Portable lactate analyzer	₹2,00,000			Portable lactate analyzer	₹2,00,000	0	₹0	
		, ,		,,		,,	0		-
4	Anaerobic Ergometer (Lower Body)	₹8,00,000	1	₹8,00,000	Anaerobic Ergometer (Lower Body)	₹8,00,000		₹0	No
							0		
	Supporting equipments (measuring tape, stop				Supporting equipments (measuring tape, stop watch, marking cones,				
	watch, marking cones, plyo blocks, Digital Blood				plyo blocks, Digital Blood Pressure				
	Pressure measurement, wireless sound system,				measurement, wireless sound				
5	lactate strips)	₹10,00,000	1	₹10.00.000	system, lactate strips)	₹10,00,000		₹0	No
	Total			₹85,00,000				₹20,00,000	
				Physioth	erapy)				
S N	Equipment Name	Unit Cost	Nos.	Approx. Cost by State	Equipment Name	Unit Cost	Quantity	Total Cost	Recommended
1	l Ice making machine (50 kg)	₹2,50,000	1	₹2,50,000	Ice making machine (50 kg)	₹2,50,000	1	₹2,50,000	Yes
			1				1		
	Combination therapy (Ultrasound +				Combination therapy (Ultrasound +				
2	2 Electrotherapy) (1 unit)	₹8,00,000		₹8,00,000	Electrotherapy) (1 unit)	₹8,00,000		₹8,00,000	Yes
3	B Extra corporeal shockwave therapy unit	₹20,00,000	1	₹20,00,000	Extra corporeal shockwave therapy unit	₹20,00,000	0	₹0	No

			1		Cryo Compression Unit (21				
4	Cryo Compression Unit (21 attachments)	₹10,00,000		₹10,00,000	attachments)	₹10,00,000	0	₹0	Phase-2
			1		Rehab and Wellness Station/Thera		0		
	Rehab and Wellness Station/Thera Band Station	₹2,50,000			Band Station	₹2,50,000			No
	Portable Ultrasound	₹1,50,000			Portable Ultrasound	₹1,50,000			No
	High Power Laser Unit	₹15,00,000	1		High Power Laser Unit	₹15,00,000	0		No
8	Hot Magner (2 channel)	₹7,00,000	1	₹7,00,000	Hot Magner (2 channel)	₹7,00,000	0	₹0	No
			1		Two section treatment couch (5		2		
9	Two section treatment couch (5 units)	₹1,75,000		₹1,75,000	units)	₹1,75,000		₹3,50,000	Yes
			1		Consumables (K tapes, foam		0		
10	Consumables (K tapes, foam rollers, etc.)	₹5,00,000		₹5,00,000	rollers, etc.)	₹5,00,000		₹0	No
	Total			₹73,25,000	Total			₹14,00,000	
		• •		(Psy	chology)				
S N	Equipment Name	Unit Cost	Nos.	Approx. Cost by State	Equipment Name	Unit Cost	Quantity	Total Cost	Recommended
1	Vienna Test System (Sport)	₹25,00,000	1	₹25,00,000	Vienna Test System (Sport)	₹25,00,000	0	₹0	Phase-2
					Telemetry				
	Telemetry Biofeedback/Neurofeedback with				Biofeedback/Neurofeedback with				
2	reaction suite	₹15,00,000	1	₹15,00,000	reaction suite	₹15,00,000	1	₹15,00,000	Yes
3	Cogniplus training system	₹30,00,000	1	₹30,00,000	Cogniplus training system	₹30,00,000	0	₹0	No
					Paper Pencil Assessment				
					- Mental toughness by James				
	Paper Pencil Assessment				Loehr				
	- Mental toughness by James Loehr				- Team effectiveness scale by				
	- Team effectiveness scale by Santosh Dhar				Santosh Dhar				
	- Competitve state anxiety inventory by Rainer				- Competitve state anxiety				
	Marten				inventory by Rainer Marten				
4		₹2,00,000	1	₹2,00,000	- Any relevant test	₹2,00,000	0	₹0	No
5	Audio-Visual relaxation room	₹10,00,000			Audio-Visual relaxation room	₹10,00,000			No
Tota		, ,	[₹82,00,000		, ,	· · · · ·	₹15,00,000	
			1	, ,				, ,	
			1	₹3,27,90,000	Total			₹49,00,000	
	Total			\\$,27,30,000	Total			(15)00,000	
	Total GST@18%				GST@18%			₹8,82,000	

Annexure IV

	Budget submitted l	by the Stat	e		Assessment Do	one by SAI RC	Assessment Done by Khelo India				
S.No.	Designation	Vacancy	Salary (per month)	Mont	Total Amount	Staff Available	Staff to be alloted	Salary (per month)	Month	Total Amount	Remarks
1	High Performance Manager	1	100000-150000	12	₹ 18,00,000.00	0	1	100000-150000	12	₹18,00,000.00	
2	Head Coach (Athletics, Hockey and	3	100000-150000	12	₹ 54,00,000.00	1	. 2	100000-150000	12	₹36,00,000.00	01-Available for Hockey
	Assistant Coach (Athletics, Hockey and										02-Available for Hockey,
3	Wrestling)	6	40000-60000	12	₹ 14,40,000.00	3	0	40000-60000	12	₹0.00	01-Available for Athletics
4	Young Professional	1	40000	12	₹ 4,80,000.00	0	1	40000	12	₹4,80,000.00	
5	Physiotherapist Grade-I	1	40000-60000	12	₹ 7,20,000.00	0	1	40000-60000	12	₹7,20,000.00	
6	Physiotherapist Grade-II	1	60000-80000	12	₹ 9,60,000.00	0	1	60000-80000	12	₹9,60,000.00	
7	Strength & Conditioning Lead	1	80000-100000	12	₹ 12,00,000.00	0	1	100000-150000	12	₹18,00,000.00	
8	Strength & Conditioning Grade-II	1	60000-80000	12	₹ 9,60,000.00	0	0	60000-80000	12	₹0.00	
9	Physiologist Grade-III	1	80000-100000	12	₹ 9,60,000.00	0	0	80000-100000	12	₹0.00	
10	Physiologist Grade-II	1	60000-80000	12	₹ 0.00	0	1	60000-80000	12	₹9,60,000.00	
11	Physiologist Grade-I	1	80000-100000	12	₹ 0.00	0	0	40000-60000	12	₹0.00	
12	Masseur	4	35000	12	₹ 16,80,000.00	C	2	35000	12	₹8,40,000.00	Required: 2 Male, 2-
13	Psychologist Grade-II	1	60000-80000	12	₹ 9,60,000.00	0	1	60000-80000	12	₹9,60,000.00	Required (01-Male)
14	Psychologist Grade-III	1	80000-100000	12	₹ 12,00,000.00	0	0	80000-100000	12	₹0.00	Required (01-Female)
15	Nutritionist	1	75000-100000	12	₹ 12,00,000.00	0	1	75000-100000	12	₹12,00,000.00	
16	Head of Sports & Exercise Science	1	150000-200000	12	₹ 24,00,000.00	0	0	150000-200000	12	₹0.00	
17	Sr. Sports Science Staff	2	150000	12	₹ 0.00	0	0	150000	12	₹0.00	
18	Jr. Sports Science Staff	2	70000	12	₹ 8,40,000.00	0	0	70000	12	₹0.00	
	Sports Medicine Doctor & Sports Injury										
19	Management-Lead	1	100000-150000	12	₹ 18,00,000.00	1	. 1	100000-150000	12	₹18,00,000.00	01-Doctor retired
20	Doctor Assistance Technicians	1		12	₹ 0.00	0	0		12		
21	Anthropometrist Grade-I	1	40000-60000	12	₹ 7,20,000.00	0	1	40000-60000	12	₹7,20,000.00	
22	Anthropometrist Grade-II	1	60000-80000	12	₹ 0.00	0	0	60000-80000	12	₹0.00	
23	Nursing Assistant	2	25000	12	₹ 3,00,000.00	0	0	25000	12	₹0.00	
24	Lab Technician for Medicial Lab	2	25000	12	₹ 0.00	0	0	25000	12	₹0.00	
25	Lab Technician for Non-Medical Lab	2	35000	12	₹ 0.00	0	0	35000	12	₹0.00	
	Total	40			₹ 2,50,20,000.00		13			₹1,58,40,000.00	

				- ATHLETICS				
S.No.	Items	NO Specifications	N CONSUN Quantity Required	MABLES Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
1	Relay Batons (per set)	Aluminium- Sr. SET OF 8 PIECES, 8 different color. IAAF Approved. (In set)	8	₹ 1,050.00	₹8,400.00	0	8	₹ 8,400.00
2	Hurdles (training)	Made out of 50 mm square Galvanized steel tubes. Unique indented base frame tube profile for superior structural rigidity. Powder Coated Base and Sliding Alumunium Uprights. Adjustable Weights. Available with PVC Bar. Height range 0.685m to 1.067 m. IAAF Approved.	200	₹ 4,700.00	₹ 9,40,000.00	30	40	₹ 1,88,000.00
3	Steeple Chase Hurdles with water jump barrier	Wooden top, iron base-IAAF Approved. Barrier beam made of 100 mm x 100 mm Steel Tube, covered with water proof plywood. Base legs have spring loaded snap-locks for easy height (3 heights) adjustment	1	₹ 1,58,000.00	₹ 1,58,000.00	5	0	₹ 0.00
4	Take off Board System	adjustable plasticine board standard size- IAAF certified. Latest design take-off board system, made of solid wood. Welded aluminium tray protects take- off area and facilitates easy replacements of take-off board and plasticine board. Comes with heavy construction aluminium blanking lid for durability. IAAF Approved.	2	₹ 33,000.00	₹ 66,000.00	0	0	₹ 0.00
5	High Jump landing pit platform	Steel Base for High Jump Pit matching with standard size specification. SIZE: 600cm x 400cm x 70cm	1	₹ 1,10,000.00	₹ 1,10,000.00	0	1	₹ 1,10,000.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
6	Pole Vault landing pit platform	Steel Standard Pole vault base matching with Pit specification. SIZE: 600cm x 800cm x 80cm	1	₹ 2,00,000.00	₹ 2,00,000.00	0	1	₹ 2,00,000.00
7	Shot- 2.50kg	Turned Iron precisely machine turned for accurate weight and diameter specifications. 2.5 Kg 88mm	3	₹ 960.00	₹ 2,880.00	0	1	₹ 960.00
8	Shot-3.63 kg	Turned Iron precisely machine turned for accurate weight and diameter specifications. 3.63Kg 100mm.	3	₹ 1,192.00	₹ 3,576.00	0	2	₹ 2,384.00
9	Shot-4.5 Kg	Turned Iron precisely machine turned for accurate weight and diameter specifications. 4.5Kg	1	₹ 2,260.00	₹ 2,260.00	0	2	₹ 4,520.00
10	Shot-5.45 Kg	Turned Iron precisely machine turned for accurate weight and diameter specifications. 5.45Kg 108mm.	1	₹ 2,730.00	₹ 2,730.00	0	1	₹ 2,730.00
11	Shot-6.25 Kg	Turned Iron precisely machine turned for accurate weight and diameter specifications. 6.25Kg 121mm.	1	₹ 1,800.00	₹ 1,800.00	0	1	₹ 1,800.00
12	Shot-18 lbs	Turned Iron precisely machine turned for accurate weight and diameter specifications. 8.16 Kg	1	₹ 4,200.00	₹4,200.00	0	0	₹ 0.00
13	Shotput Stop Board	Stop board made of fibre designed for depressed pad. IAAF Approved	2	₹ 13,200.00	₹ 26,400.00	0	2	₹ 26,400.00
14	Hammer-2.50 kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 2.5 Kg	1	₹ 2,700.00	₹ 2,700.00	0	1	₹ 2,700.00
15	Hammer-3.63 kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 3.63 Kg.	1	₹ 3,920.00	₹ 3,920.00	0	1	₹ 3,920.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
16	Hammer-4.50 kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 4.50 Kg	1	₹ 4,850.00	₹ 4,850.00	0	1	₹ 4,850.00
17	Hammer-5.50 kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 5.50 Kg	1	₹ 5,920.00	₹ 5,920.00	2	1	₹ 5,920.00
18	Hammer-6.25 kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 6.25Kg	1	₹ 6,740.00	₹ 6,740.00	0	1	₹ 6,740.00
19	Hammer-18 lbs	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 8.16 Kg	1	₹ 8,800.00	₹ 8,800.00	0	0	₹0.00
20	Discus- 750 gms	85% steel rim weight-Abs Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 750 g	3	₹ 1,800.00	₹ 5,400.00	0	3	₹ 5,400.00
21	Discus-1.25 kg	85% rim weight-Steel rim, ABS Plates. Superb STEEL (rust proof) rim with strong black ABS plastic side plates.	2	₹ 3,000.00	₹ 6,000.00	0	2	₹ 6,000.00
22	Discus-1.25 kg	80% rim weight-Steel rim, ABS Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1.25 Kg	1	₹ 1,600.00	₹ 1,600.00	0	1	₹ 1,600.00
23	Discus-1.616kg	 89 % rim wtBrass Rim, ABS Plates - IAAF certified. Brass rim with yellow reinforced plastic (unbreakable) side plates and without aluminium centre plates. Used in top competitions. 1.60 Kg. 	1	₹ 7,960.00	₹ 7,960.00	0	1	₹ 7,960.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
24	Discus-1.616kg	80% rim weight-Steel rim, ABS Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1.60 Kg	1	₹ 3,588.00	₹ 3,588.00	0	1	₹ 3,588.00
25	Discus-1.616kg	80% rim weight-Steel rim, ABS Plates.ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1.60 Kg	1	₹ 2,000.00	₹ 2,000.00	0	1	₹ 2,000.00
26	Discus-2.25 kg	80% rim weight-Steel rim, ABS Plates.ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 2.25 Kg	1	₹ 3,000.00	₹ 3,000.00	0	0	₹ 0.00
27	Discus Tool Training- 1.50/2.0/2.50/3.63kg	Steel/ Brass/ Solid iron-Handle with chain (in set)	1	₹ 30,000.00	₹ 30,000.00	0	1	₹ 30,000.00
28	Weight Lifting Plates	10 kg- IWF Certified (In Pairs)	2	₹ 4,800.00	₹9,600.00	8	2	₹ 9,600.00
29	Weight Lifting Plates	5 kg- IWF Certified (In Pairs)	4	₹ 2,400.00	₹9,600.00	15	4	₹ 9,600.00
30	Weight lifting Barbell Rack	Steel upright design	5	₹ 14,000.00	₹ 70,000.00	0	0	₹ 0.00
31	Weight Lifting Platform	wooden (2.50x2.50m), 15 cm depth, Rubberized top base	1	₹ 5,00,000.00	₹ 5,00,000.00	0	1	₹ 5,00,000.00
32	Bench Press Stand	Adustable-Eleiko	1	₹ 15,000.00	₹ 15,000.00	0	1	₹ 15,000.00
33	Squat Stand	Iron	1	₹ 18,000.00	₹ 18,000.00	2	0	₹ 0.00
34	Weight Sledge	Heavy Duty tubular steel construction and powder coated	1	₹ 2,990.00	₹ 2,990.00	0	1	₹ 2,990.00
		5kg with shoulder pad option	1	₹ 1,100.00	₹1,100.00	0	1	₹ 1,100.00
35	Weight Jacket	10kg	1	₹ 2,200.00	₹ 2,200.00	0	1	₹ 2,200.00
35	weight Jacket	15kg	1	₹ 3,300.00	₹ 3,300.00	0	1	₹ 3,300.00
		20kg	1	₹ 4,400.00	₹ 4,400.00	0	1	₹ 4,400.00
36	Wall Bar	Wooden (7" heightx 6" wide)	1	₹ 20,000.00	₹ 20,000.00	0	0	₹ 0.00
37	Scissor training Hurdle	Height Adjustable. Scissor type hurdle made of steel strip. Height range 9" to 36"	1	₹ 1,150.00	₹ 1,150.00	0	1	₹ 1,150.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
38	Spring Board	Gymnastic Spring Board Heavy Duty steel frame & four springs. Frame powder coated for durability, jumping board covered with suede fabric.	1	₹ 18,000.00	₹ 18,000.00	1	0	₹ 0.00
39	Plyometric Boxes	12/18/24 /30/36/40/48/54/60/66/72 cms height (wooden top with soft surface).25mm square tube, fully welded frame and top covered with fabric. Powder coated for extra durability. (in set)	1	₹ 40,000.00	₹ 40,000.00	27	1	₹ 40,000.00
40	Trampoline Single	Weight 10 kg, 1 metre diameter, Weight bearing 125 kg	1	₹ 18,000.00	₹ 18,000.00	0	0	₹ 0.00
41	Timer Gates	Recording unit with wireless gates should be able to record split/lap time, multilane testing,(6-8 gates) (bangalore already have)	1	₹ 14,00,000.00	₹ 14,00,000.00	0	0	₹ 0.00
42	Portable Force Plate	(minimum 1000 hz sampling) with software:Various modules like squat jump, counter movement jump, body sway, horizontal jump, assymetry, single leg balance, etc (force plate software should be lifetime) (bangalore already have)	1	₹ 22,00,000.00	₹22,00,000.00	0	0	₹0.00
43	Lactate Analyzer- Scout+4		1	₹ 80,000.00	₹ 80,000.00	0	0	₹ 0.00
44	Starting Gun	Standard	1	₹ 4,000.00	₹ 4,000.00	0	0	₹ 0.00
45	Starting Block	Aluminium block adjustable at 5 angles. 102mm widex 900mm long. Extruded center rail suitable for strong Athletes. Steel Plate flushed to ceter rail. Thick rubber pads. Comes with spike. IAAF Approved.	1	₹ 10,000.00	₹ 10,000.00	3	1	₹ 10,000.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
46	Hurdles (competition)	Autmoatic - Heavy Gauge semi-circular Aluminum Alloy Tube with wider flat . Weight of the Hurdle should adjust automatically according to the height as per regulation Tip-over position. IAAF Approved	40	₹ 13,000.00	₹ 5,20,000.00	0	0	₹0.00
47	High Jump Pit	6mx4mx0.70m Made of best quality non-tear water proof thick fabric, P.U. foam. rust free hooks Especially designed for smooth and soft landing as per new IAAF specifications. Comes with spike proof top, Cover made of vinyl coated fabric for extra durability. Top of Base Unit is also covered with Vinyl coated woven polyester mesh fabric for superior strength. Mesh top allows desired escape of air to provide maximum compression on landing. Consists of three base units, each with four side handles for easy carrying and one top pad. IAAf Approved.	1	₹ 3,44,000.00	₹ 3,44,000.00	1	0	₹ 0.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
48	High Jump Uprights	Height adjustment 115 cm to 265 cm, made of aluminium 140mmx59mmx5.5mm thick, telescopic tube 41.5mmx41.5mmx3mm aluminium and capped with high quality plastic, stable power coated rust free resistant base. made of Special Aluminium profiles, anodized in silver colour. Measuring tape installed in the special C- shaped groove in aluminium profile which protects it against damages made by abrasion or accidental overturn. Two brackets for putting a crossbar - one comply with arrow indications, the other one is mounted 50 cm lower. Stand base made of heavy duty steel, powder coated. Wheels installed in the base enable easy movement. Special, self-blocking mechanism of lifting and lowering crossbar brackets by means of crane lever. This ensures comfortable operating and precise height adjustment. IAAF Approved	1	₹ 38,000.00	₹ 38,000.00	0	1	₹ 38,000.00
49	Pole Vault Pit	8m x 6m x 0.80 m- rust free hooks. made of best quality non-tear water proof thick fabric, P.U. foam. The special design of this pit allows smooth and soft landing and is made as per the new IAAF specifications. Comes with spike proof top. Cover made of vinyl coated fabric for extra durability. Consists of seven base units and one top pad with four side handles on each base for easy carrying. IAAf Approved.		₹ 7,60,000.00	₹ 7,60,000.00	0	1	₹ 7,60,000.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
51	Shot3kg	Turned Iron, precisely machine turned for accurate weight and diameter specifications. 3 Kg 108 mm. IAAF Approved.	2	₹ 900.00	₹ 1,800.00	9	2	₹ 1,800.00
52	Shot-4 Kg	Stainless steel, lead filled,-IAAF certified. Shell made of rust proof alloy (Stainless Steel). Precisely machine turned for accurate diameter and balance. 4 Kg 109 mm. IAAF Approved.	1	₹ 3,400.00	₹ 3,400.00	2	1	₹ 3,400.00
53	Shot-5 Kg	Stainless steel, lead filled, Shell made of rust proof alloy (Stainless Steel). Precisely machine turned for accurate diameter and balance. 5 Kg	1	₹ 3,700.00	₹ 3,700.00	8	1	₹ 3,700.00
54	Shot-6 Kg	Stainless steel, lead filled, Shell made of rust proof alloy (Stainless Steel). Precisely machine turned for accurate diameter and balance. 6 Kg 107 mm.	1	₹ 4,400.00	₹ 4,400.00	0	1	₹ 4,400.00
55	Shot-7.260kg	Stainless steel, lead filled,-IAAF certified. Shell made of rust proof alloy (Stainless Steel). Precisely machine turned for accurate diameter and balance. 7.26 Kg 129 mm. IAAF Approved.	1	₹ 5,400.00	₹ 5,400.00	0	1	₹ 5,400.00
56	Hammer-3.0kg	Stainless steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 3 Kg	1	₹ 3,240.00	₹ 3,240.00	7	1	₹ 3,240.00
57	Hammer-4.00 kg	Stainless Steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 4 kg 95 mm. IAAF Approved.	1	₹ 4,300.00	₹ 4,300.00	1	1	₹ 4,300.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
58	Hammer-5.00 kg	Stainless Steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 5 Kg 100 mm. IAAF Approved.	1	₹ 5,700.00	₹ 5,700.00	3	1	₹ 5,700.00
59	Hammer-6.00 kg	Stainless Steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 6 Kg 107 mm. IAAF Approved.	1	₹ 4,900.00	₹ 4,900.00	0	1	₹ 4,900.00
60	Hammer-7.260 kg	Stainless Steel Alloy Steel (rust proof) hammer, manufactured to International standards. Comes with IAAF approved Hammer Handles. 7.26 Kg 110 mm. IAAF Approved.	1	₹ 6,500.00	₹ 6,500.00	4	1	₹ 6,500.00
61	Discus-1 kg	IAAF-85% rim weight-Steel rim, ABS Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1 Kg. IAAF Approved.	1	₹ 2,400.00	₹ 2,400.00	4	1	₹ 2,400.00
62	Discus- 1 kg	IAAF-80% rim weight-Steel rim, ABS Plates. High quality GALVANIZED STEEL rim with strong red plastic side plates without aluminium center plates. 1 Kg.	1	₹ 1,520.00	₹ 1,520.00	0	1	₹ 1,520.00
63	Discus-1 kg	89 % rim wtBrass Rim, ABS Plates - IAAF certified.y Brass rim with yellow reinforced plastic (unbreakable) side plates and without aluminium centre plates. Used in top competitions. 1 Kg IAAF Approved.	1	₹ 4,600.00	₹ 4,600.00	0	1	₹ 4,600.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
64	Discus-1.50 kg	 89 % rim wtBrass Rim, ABS Plates - IAAF certified. Brass rim with yellow reinforced plastic (unbreakable) side plates and without aluminium centre plates. Used in top competitions. 1.50 Kg IAAF Approved. 	1	₹ 5,200.00	₹ 5,200.00	2	1	₹ 5,200.00
65	Discus-1.50 kg	85% rim weight-Steel rim, ABS Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1.5 Kg.	1	₹ 2,500.00	₹2,500.00	0	1	₹ 2,500.00
66	Discus-1.50 kg	80% rim weight-Steel rim, ABS Plates.GALVANIZED STEEL rim with strong red plastic side plates without aluminium center plates. 1 Kg.	1	₹ 1,920.00	₹ 1,920.00	0	1	₹ 1,920.00
67	Discus-1.75 kg	 89 % rim wtBrass Rim, ABS Plates - IAAF certified. Brass rim with yellow reinforced plastic (unbreakable) side plates and without aluminium centre plates. Used in top competitions. 1.75 Kg 	1	₹ 5,700.00	₹ 5,700.00	0	1	₹ 5,700.00
68	Discus-1.75 kg	85% rim weight-Steel rim, ABS Plates. ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 1.75 Kg.	1	₹ 2,600.00	₹ 2,600.00	0	1	₹ 2,600.00
69	Discus-1.75 kg	80% rim weight-Steel rim, ABS Plates. High quality GALVANIZED STEEL rim with strong red plastic side plates without aluminium center plates. 1.75 Kg.	1	₹ 2,000.00	₹ 2,000.00	0	1	₹ 2,000.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
70	Discus-2.0 kg	 89 % rim wtBrass Rim, ABS Plates - IAAF certified. Brass rim with yellow reinforced plastic (unbreakable) side plates and without aluminium centre plates. Used in top competitions. 2 Kg IAAF Approved. 	1	₹ 6,700.00	₹ 6,700.00	3	1	₹ 6,700.00
71	Discus-2.0 kg	85% rim weight-Steel rim, ABS Plates. y ALLOY STEEL (rust proof) rim with strong black ABS plastic side plates. 2 Kg. IAAF Approved.	1	₹ 2,850.00	₹ 2,850.00	0	1	₹ 2,850.00
72	Discus-2.0 kg	80% rim weight-Steel rim, ABS Plates GALVANIZED STEEL rim with strong red plastic side plates without aluminium center plates. 2 Kg.	1	₹ 2,300.00	₹ 2,300.00	0	1	₹ 2,300.00
73	Weight Lifting Set	UESAKA-color rubber coated plates-191 kg-IWF certified) (In sets)	1	₹ 66,000.00	₹ 66,000.00	0	1	₹ 66,000.00
74	Weight Lifting Barbell	15 kg-Nelco- Max load 1500kg, Chrome Coated with Black barbell firm plate fitting	3	₹ 14,000.00	₹ 42,000.00	1	3	₹ 42,000.00
75	Weight Lifting Barbell	20 Kg-ATE- Max load 1500kg, Chrome Coated with Black barbell color firm plate fitting	3	₹ 15,000.00	₹ 45,000.00	5	3	₹ 45,000.00
76	Stop Watch- Casio	100x2 memory	10	₹ 7,000.00	₹ 70,000.00		3	₹ 21,000.00
	Total (A)				₹ 80,14,694.00			₹ 22,80,842.00
	GST @ 18%				₹ 14,42,644.92			₹ 4,10,551.56
	Grand Total (A)		CONSUMA	DIES	₹ 94,57,338.92			₹ 26,91,393.56
77		500gm (In pairs)	10	BLES ₹ 480.00	₹ 4,800.00	0	10	₹ 4,800.00
78	Ankle weight	750gm	10	₹ 480.00	₹ 4,800.00 ₹ 7,200.00	0	10	₹ 7,200.00
<u>78</u> 79	Alikie weight	1000gm	10	₹ 858.00	₹ 8,580.00	0	10	₹ 8,580.00
80		9 inches (In sets)	10	₹ 48.00	₹ 480.00	0	10	₹ 480.00
81	·	12 Inches	10	₹ 88.00	₹ 880.00	0	10	₹ 880.00
82	Cones with holes	15 Inches	10	₹ 180.00	₹ 1,800.00	0	10	₹ 1,800.00
83	1	18 Inches	10	₹ 300.00	₹ 3,000.00	0	10	₹ 3,000.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
84	Saucer cone Hurdle	set of 20 cones & 10x50 cm pipes (In sets)	20	₹ 1,060.00	₹21,200.00	0	0	₹ 0.00
85		30cm (plastic). Made of special plastic. (in set)	10	₹ 882.00	₹8,820.00	0	10	₹ 8,820.00
86	Bounce Back Hurdle	40cm	10	₹ 910.00	₹9,100.00	0	10	₹ 9,100.00
87		50cm	10	₹ 1,000.00	₹ 10,000.00	0	10	₹ 10,000.00
88		60cm	10	₹ 1,054.00	₹ 10,540.00	0	10	₹ 10,540.00
89	Reaction Ball	Rubber	10	₹ 250.00	₹2,500.00	0	10	₹ 2,500.00
90	Skipping Rope (power)	Wooden Handle Leather cord	20	₹ 130.00	₹2,600.00	0	20	₹ 2,600.00
91	Flat Speed Ring	Made of 18 mm high quality HDPE pipes with neat & strong joints. Size: 24", 30", 36".	5	₹ 54.00	₹ 270.00	0	5	₹ 270.00
92	Agility Ladder	9mx21 rungs	10	₹ 1,540.00	₹ 15,400.00	0	10	₹15,400.00
93	High Jump Cross Bar	Fibre Glass Fibreglass Crossbar made in single piece through poltrusion process for minimum sag and extra durability. 4.0 mIAAf Approved	5	₹ 4,000.00	₹ 20,000.00	5	5	₹ 20,000.00
94	Pole Vault Cross Bar	Fibre Glass Fibreglass Crossbar made in single piece through poltrusion process for minimum sag and extra durability. 4.50 mIAAf Approved	3	₹ 4,400.00	₹ 13,200.00	0	3	₹ 13,200.00
95	Agility Hurdle	6/9/12/16 inches (Plastic). Made with durable heavy duty PVC tubing. Very light in weight. (in sets)	10	₹ 154.00	₹ 1,540.00	0	10	₹ 1,540.00
96		9 inches (In sets)	10	₹ 184.00	₹1,840.00	0	10	₹ 1,840.00
97		12 Inches(In sets)	10	₹ 198.00	₹1,980.00	0	10	₹ 1,980.00
98		16 Inches(In sets)	10	₹ 238.00	₹2,380.00	0	10	₹ 2,380.00
99	Smart Hurdle	PVC folding-12 Inches. Made of 25mm plastic tube.(in set)	10	₹ 348.00	₹ 3,480.00	0	0	₹ 0.00
100		15 Inches	10	₹ 362.00	₹ 3,620.00	0	0	₹ 0.00
101		18 Inches	0	₹ 378.00	₹ 0.00	0	0	₹ 0.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
102	Javelin Balls	400gm (Rubber shell filled 68mm Dia balls). Made of PVC javelin ball best for indoor use.	5	₹ 460.00	₹2,300.00	0	5	₹ 2,300.00
103		600gm	5	₹ 474.00	₹ 2,370.00	0	5	₹ 2,370.00
104		800gm	5	₹ 602.00	₹ 3,010.00	0	5	₹ 3,010.00
105	Medicine Ball	Rubberized rebound quality with high durability- Cosco/cobo (In set) 1 Kg	5	₹ 560.00	₹ 2,800.00	6	5	₹ 2,800.00
106		2 Kg	5	₹ 700.00	₹ 3,500.00	2	5	₹ 3,500.00
107	1/2/3/4/5kg	3 Kg	5	₹ 844.00	₹4,220.00	2	5	₹ 4,220.00
108		4 Kg	5	₹ 1,216.00	₹ 6,080.00	2	5	₹ 6,080.00
109		5 Kg	5	₹ 1,470.00	₹7,350.00	4	5	₹ 7,350.00
110	Weightlifting Belt- Medium/Large/Extra	Neoprine foam sheet- Medium	5	₹ 456.00	₹ 2,280.00	- 5	5	₹ 2,280.00
111	-	Large	5	₹ 466.00	₹ 2,330.00	5	5	₹ 2,330.00
112	Large	Extra Large	5	₹ 476.00	₹2,380.00		5	₹ 2,380.00
113	Weight Lifting Gloves	Soft leather with mess cloth on top	5	₹ 440.00	₹2,200.00	0	5	₹ 2,200.00
114		15/30/50/100m. Made of fibre. Open reel.	5	₹ 598.00	₹ 2,990.00	0	1	₹ 598.00
115	Measuring Tape-	30 m	5	₹ 856.00	₹ 4,280.00	0	1	₹ 856.00
116		50m	5	₹ 1,382.00	₹ 6,910.00	0	1	₹ 1,382.00
117		100m	5	₹ 2,632.00	₹ 13,160.00	0	1	₹ 2,632.00
118	Running Chute	made of good quality Nylon fabric with panels for extra stability of the chute	5	₹ 608.00	₹ 3,040.00	0	5	₹ 3,040.00
119	Thera Band/Tube	Rubber	5	₹ 1,100.00	₹ 5,500.00	0	5	₹ 5,500.00
120	Foam Roller	Domyos- Decathlon	5	₹ 1,000.00	₹5,000.00	0	5	₹ 5,000.00
121		Reburized (55cm size)	5	₹ 1,020.00	₹5,100.00	0	5	₹ 5,100.00
122	Swiss Ball	65cm	4	₹ 1,100.00	₹4,400.00	0	4	₹ 4,400.00
123		75 cm	4	₹ 1,240.00	₹ 4,960.00	0	4	₹ 4,960.00
124	Balancing Board	WOODEN	5	₹ 900.00	₹4,500.00	0	0	₹ 0.00
125	Whistle FOX 40	Plastic	5	₹ 16.00	₹ 80.00	0	0	₹ 0.00
126	Yoga mats	mat made of high quality NBR softer and thicker (1 per Athlete-530 Athletes)	60	₹ 900.00	₹ 54,000.00	0	0	₹ 0.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
127	High Jump Cross Bar Rope.	15' Elastic Rope and durahyde covered weight with sand	5	₹ 658.00	₹ 3,290.00	0	5	₹ 3,290.00
128	High Jump Elastic Cross Bar	Elastic Code with 6"x1" foam section (Flexi-Bar)	5	₹ 612.00	₹ 3,060.00	0	5	₹ 3,060.00
129	Bosu Ball	300lbs- rubberised	5	₹ 7,000.00	₹ 35,000.00	0	0	₹ 0.00
130	Bosu Ball	600lbs- rubberised	5	₹ 10,000.00	₹ 50,000.00	0	0	₹ 0.00
131	Harness Belt	Dual Resistance	5	₹ 1,280.00	₹6,400.00	0	0	₹ 0.00
132	Abdominal Roller		5	₹ 562.00	₹2,810.00	0	5	₹ 2,810.00
133	Battling Rope	50mm 15M	5	₹ 9,950.00	₹ 49,750.00	0	0	₹ 0.00
134	Battling Rope	50mm 12M	5	₹ 8,010.00	₹ 40,050.00	0	0	₹ 0.00
135	Battling Rope	50mm 10 M	5	₹ 6,070.00	₹ 30,350.00	0	0	₹ 0.00
136	Starting clapper	made of wood for the best sound with dual colour painted for visual starting signal.	5	₹ 1,458.00	₹7,290.00	0	1	₹ 1,458.00
137	Long jump pit leveller	Made of wood.	5	₹ 10,000.00	₹ 50,000.00	0	0	₹ 0.00
138	Slackline (10 mtr)		5	₹ 3,000.00	₹ 15,000.00	0	0	₹ 0.00
139	Turf training poles		5	₹ 300.00	₹ 1,500.00	0	0	₹ 0.00
140	Training hoops	Made of 18 mm high quality HDPE pipes with neat & strong joints.	5	₹ 180.00	₹ 900.00	0	0	₹ 0.00
141	Weight Training Sand bag	5Kg	5	₹ 2,280.00	₹ 11,400.00	0	5	₹ 11,400.00
142	Weight Training Sand bag	10Kg	5	₹ 2,540.00	₹ 12,700.00	0	5	₹ 12,700.00
143	Weight Training Sand bag	15Kg	5	₹ 3,560.00	₹ 17,800.00	0	5	₹ 17,800.00
144	Weight Training Sand bag	20Kg	5	₹ 4,360.00	₹21,800.00	0	0	₹ 0.00
145	Sliding Vaulting Box	Made of seasoned wood and coated with clear PU.	5	₹ 60,000.00	₹ 3,00,000.00	0	0	₹ 0.00
146	Gymnastic Equipment- Roman Rings		5	₹ 9,000.00	₹45,000.00	0	0	₹ 0.00

S.No.	Items	Specifications	Quantity Required	Per Unit price	Total	Quantity Available	Quantity Admissible	Total Amount (in INR)
147	Gymnastic Equipment- Crash Mats	Made of PU foam and cover made of strong PVC coated Nylon fabric. Two handles on both sides of the mat. Long zipper on 3 sides so that foam can be inserted easily. Size: 3m x 2m x 30cm.	5	₹ 53,540.00	₹ 2,67,700.00	0	0	₹0.00
148	Gymnastic Equipment- Floor Mats	Gym mat cover made of PVC coated fabric and filled with PU Foam. Size; 2m x 1m	5	₹ 7,490.00	₹ 37,450.00	0	0	₹ 0.00
149	Hammer Wire & Handle	wire3.2mm silver, with aluminium straight/curved handle-IAAF certified-ATE	5	₹ 560.00	₹ 2,800.00	10-Wire 10-Handle	5	₹ 2,800.00
150	Climbing Rope		5	₹ 11,000.00	₹ 55,000.00	0	0	₹ 0.00
	Total (B)				₹ 13,77,000.00			₹ 2,56,516.00
	GST @ 18%				₹ 2,47,860.00			₹ 46,172.88
	Grand Total (B)				₹ 16,24,860.00			₹ 3,02,688.88
	Overall Grand Total (A+B)				₹ 1,10,82,198.92			₹ 29,94,082.44

		Consumable/Non-	Required			Remarks from the			
S.No.	Equipment	Consumable	Quantity	Unit Cost	Total	State	Quantity Admissible	Unit Cost	Total Amount
1	Hockey Kit	Consumable	50	₹ 20,000.00	₹ 10,00,000.00	02 Kit set per year	30	₹ 20,000.00	₹ 6,00,000.00
2	Hockey Sticks	Consumable	50	₹ 12,000.00	₹ 6,00,000.00	02 Sticks per year	30	₹ 12,000.00	₹ 3,60,000.00
						05 Balls per Player per			
3	Hockey Ball (Practice)	Consumable	900	₹ 250.00	₹ 2,25,000.00	month	400) ₹ 250.00	₹ 1,00,000.00
						01 Ball Per Player per			
4	Hockey Ball (Match)	Consumable	50	₹ 3,500.00	₹ 1,75,000.00	year	50) ₹ 3,500.00	₹ 1,75,000.00
5	Hockey Playing Shoes	Consumable	100	₹ 10,000.00	₹ 10,00,000.00	02 pair per year	30	₹ 10,000.00	₹ 3,00,000.00
6	Hockey Goal Keeper Kit	Consumable	3	₹ 3,50,000.00	₹ 10,50,000.00	01 Set per Keeper	4	₹ 2,50,000.00	₹ 10,00,000.00
7	Hockey Goal Post Net	Consumable	1	₹ 20,000.00	₹ 20,000.00	01 Pair	0	₹ 20,000.00	₹ 0.00
	Total				₹ 40,70,000.00				₹ 25,35,000.00
	GST@18%				₹ 7,32,600.00				₹ 4,56,300.00
	Grand Total				₹ 48,02,600.00				₹ 29,91,300.00

S.No.	Equipment	Consumable	Quantity	Unit Cost	Total	State	Quantity Admissible	Unit Cost	Total Amount
8	Hockey Goal Post	Non-Consumable	1	₹ 3,00,000.00	₹ 3,00,000.00	01 Pair	1	₹ 2,00,000.00	₹ 2,00,000.00
9	Protecting Net Iron	Non-Consumable	1	₹ 5,00,000.00	₹ 5,00,000.00	01 Pair	1	₹ 5,00,000.00	₹ 5,00,000.00
10	Corner Flag	Non-Consumable	2	₹ 5,000.00	₹ 10,000.00	02 Set per Court	2	₹ 5,000.00	₹ 10,000.00
	Advance Hockey Onfield Training Machine	Non-Consumable	1	₹ 20,00,000.00	₹ 20,00,000.00	Latest Training Equipments (Appox. Consolidated Rates)	0	₹ 20,00,000.00) ₹ 0.00
	Total				₹ 28,10,000.00				₹ 7,10,000.00
	GST@18%				₹ 5,05,800.00				₹ 1,27,800.00
	Grand Total				₹ 33,15,800.00				₹ 8,37,800.00

Grand Total ₹ 38,29,100.00

		l			VRESTLING				
S.No.	Items	Specifications	Total Quantity per centre	ONSUMABL Quantity Available	Unit Cost	Total	Quantity Admissible	Total Amount	Remarks
		Light (speed)4kg/9 Ibs - 42 inch	8	0	₹ 14,196.33	₹ 1,13,570.60	7	₹ 99,374.28	Consumables
		Small (Endurance)6kg/13 Ibs - 42 inch	8	0	₹ 15,189.08	₹ 1,21,512.60	7	₹ 1,06,323.53	Consumables
1	Fit Balls	Medium (Strength) 8kg/17 lbs - 42 inch	8	0	₹ 16,181.83	₹ 1,29,454.60	7	₹ 1,13,272.78	Consumables
		Large (Power)(10kg/22 Ibs - 42 inch	8	0	₹ 17,174.58	₹ 1,37,396.60	7	₹ 1,20,222.03	Consumables
		x small – Light Size - 11 Ibs, 5kg- Genuine Leather	8	0	₹ 12,707.20	₹ 1,01,657.60	4	₹ 50,828.80	Consumables
		Small Size Genuine Leather 13 Ibs, 6kg	8	0	₹ 12,707.20	₹ 1,01,657.60	4	₹ 50,828.80	Consumables
		Small Size - 17 Ibs, 8kg– Genuine Leather	8	0	₹ 13,203.58	₹ 1,05,628.60	4	₹ 52,814.30	Consumables
		Medium Size - 22 Ibs,10kg – Genuine Leather	8	0	₹ 14,394.88	₹ 1,15,159.00	4	₹ 57,579.50	Consumables
		Medium Size - 26 Ibs, 12kg – Genuine Leather	8	0	₹ 14,891.25	₹ 1,19,130.00	4	₹ 59,565.00	Consumables
		Medium Size - 20 lbs, 12kg – Genuine Leather Medium Size - 30 lbs, 14kg– Genuine Leather	8	0	₹ 15,387.63	₹ 1,23,101.00	4	₹ 61,550.50	Consumables
	Bulgarian	Large Size - 33 Ibs, 15kg- Genuine Leather	8	0	₹ 17,571.68	₹ 1,40,573.40	4	₹ 70,286.70	Consumables
3	Bag	Large Size - 37 Ibs, 17kg - Genuine Leather	8	0	₹ 18,068.05	₹ 1,44,544.40	4	₹ 72,272.20	Consumables
,	(Original	Large Size - 42 Ibs, 19 kg– Genuine Leather	8	0	₹ 18,564.43	₹ 1,48,515.40	4	₹ 74,257.70	Consumables
	Model)	X Large Size - 44 Ibs, 20kg– Genuine Leather	8	0	₹ 21,939.78	₹ 1,75,518.20	4	₹ 87,759.10	Consumables
		X Large Size - 50 Ibs, 22kgGenuine Leather	8	0	₹ 22,634.70	₹ 1,81,077.60	4	₹ 90,538.80	Consumables
		X Large Size - 58 Ibs, 26kg- Genuine Leather	8	0	₹ 23,329.63	₹ 1,86,637.00	4	₹ 93,318.50	Consumables
		XXL Size - 66 Ibs, 20kg- Genuine Leather	8	0	₹ 24,818.75	₹ 1,98,550.00	4	₹ 99,275.00	Consumables
		XX Size - 75Ibs, 34kg– Genuine Leather	8	0	₹ 26,307.88	₹ 2,10,463.00	4	₹ 1,05,231.50	Consumables
		XX Large Size - 84 Ibs, 38kg– Genuine Leather	8	0	₹ 27,300.63	₹ 2,18,405.00	4	₹ 1,09,202.50	Consumables
		2 Arms and - X Small Size (Light) Stump – Genuine Leather 30-35lbs/ 52inch	10	0	₹ 39,610.73	₹ 3,96,107.25	6	₹ 2.37.664.35	Consumables
	Greco	2 Arms and Stump - Small Size– Genuine Leather, 50- 55lbs/ 58inch	10	0	₹ 43,681.00	₹ 4,36,810.00	6	₹ 2,62,086.00	Consumables
5	Dummy	2 Arms and Stump - Medium Size– Genuine Leather, 60-65lbs/ 63inch	10	0	₹ 47,056.35	₹ 4,70,563.50	6	₹ 2,82,338.10	Consumables
		2 Arms and Stump - Large Size– Genuine Leather, 78- 85/ 68inch	10	0	₹ 53,112.13	₹ 5,31,121.25	6	₹ 3,18,672.75	Consumables
		2 Arms and 2 Legs - X Small Size (Light) – Genuine Leather 30-35lbs/ 52inch	10	0	₹ 39,610.73	₹ 3,96,107.25	6	₹ 2,37,664.35	Consumables
6	Freestyle	2 Arms and 2 Legs - Small Size – Genuine Leather 50 55lbs/ 58inch	10	0	₹ 43,681.00	₹ 4,36,810.00	6	₹ 2,62,086.00	Consumables
0	Dummy	2 Arms 2 Legs - Medium Size- Genuine Leather 60- 65lbs/ 63inch	10	0	₹ 47,056.35	₹ 4,70,563.50	6	₹ 2,82,338.10	Consumables
		2 Arms and 2 Legs - Large Size– Genuine Leather 78- 85/ 68inch	10	0	₹ 53,112.13	₹ 5,31,121.25	6	₹ 3,18,672.75	Consumables
	Speed	Small, 31-35 lbs/ 58in with stumps	10	0	₹ 35,242.63	₹ 3,52,426.25	6	, ,	Consumables
7	Dummy	Medium, 36-44lbs/ 63in with stumps	10	0	₹ 37,228.13	₹ 3,72,281.25	6	₹ 2,23,368.75	Consumables
	Greco	Large, 46-52lbs/ 68in with stumps	10	0	₹ 39,213.63	₹ 3,92,136.25	6		Consumables
-+	Speed	Small 31-35 lbs/ 58in with legs	10	0	₹ 35,242.63	₹ 3,52,426.25	6	₹ 2,11,455.75	Consumables
8	Dummy	Medium, 36-44lbs/ 63in with legs	10	0	₹ 37,228.13	₹ 3,72,281.25	6	₹ 2,23,368.75	Consumables
	freestyle	Large 46-52lbs/ 68in with legs	10	0	₹ 39,213.63	₹ 3,92,136.25	6	₹ 2,35,281.75	Consumables
	The Bone	Vinyl X Small Size – 35-40lbs/ 52in	8	0	₹ 24,719.48	₹ 1,97,755.80	4	₹ 98,877.90	Consumables
10	Dummy	Vinyl Small Size – 53-58lbs/ 58in	8	0	₹27,300.63	₹ 2,18,405.00	4	₹ 1,09,202.50	Consumables

	(black)	Vinyl Medium Size – 70-75lbs/ 63in	8	0	₹ 29,286.13	₹ 2,34,289.00	4	₹ 1,17,144.50	Consumables
	(DIACK)	Vinyl Large Size – 75-80lbs/68in	8	0	₹ 32,264.38	₹ 2,58,115.00	4	₹ 1,29,057.50	Consumables
13	Choke	Medium Size 30 lbs, black	10	0	₹ 29,286.13	₹ 2,92,861.25	6	₹ 1,75,716.75	Consumables
15	Dummy	Large Size35 lbs, black	10	0	₹ 31,271.63	₹ 3,12,716.25	4	₹ 1,25,086.50	Consumables
17	Theraband	Red, Yellow, Green (made of latex rubber 3" wide) per set	30	0	₹ 1,038.00	₹ 31,140.00	10	₹ 10,380.00	Consumables
18	Exercise Band	Red, Yellow, Green made of latex rubber tube with grip 4 feet long(per set)	30	0	₹ 944.00	₹ 28,320.00	10	₹ 9,440.00	Consumables
	Skipping Rope	plastic 4 PVC, wooden handle, 9 feet length	100	0	₹ 554.00	₹ 55,400.00	30	₹ 16,620.00	Consumables
20	Climbing Rope	(attached to ceiling) thick jute rope with metal hook 7mts.	15	0	₹ 3,590.00	₹ 53,850.00	10	₹ 35,900.00	Consumables
	Total					₹ 1,03,58,296.00		₹ 59,43,662.05	
	GST@18%					₹ 18,64,493.28		₹ 10,69,859.17	
	Grand								
	Total					₹ 1,22,22,789.28		₹ 70,13,521.22	

			EQUIPMEN	T SHEET - V	WRESTLING				
			NON	CONSUMA	BLES				
S.No.	Items	Specifications	Total Quantity per centre	Quantity Available	Unit Cost	Total	Quantity Admissible	Total Amount	Remarks
2	Dip Bar	Metal	8	0	₹ 10,423.88	₹ 83,391.00	7	₹ 72,967.13	Non-Consumables
		weight Basic Package:strength		0	₹ 19,358.63	₹ 1,54,869.00	4	₹ 77,434.50	Non-Consumables
		(straps attachmentx 2 pc,pull barx1pc,carbinesx4 pc, strap handless x 2 pc)	8	0		₹ 0.00	4	₹ 0.00	Non-Consumables
4	Fit Bar	weight - 22 Ibs, 10KG	8	0	₹13,402.13	₹ 1,07,217.00	4	₹ 53,608.50	Non-Consumables
		weight - 33 Ibs, 15KG	8	0	₹ 15,387.63	₹ 1,23,101.00	4	₹ 61,550.50	Non-Consumables
		weight - 48Ibs, 22KG	8	0	₹ 17,373.13	₹ 1,38,985.00	4	₹ 69,492.50	Non-Consumables
		weight - 66Ibs, 30KG	8	0	₹ 19,358.63	₹ 1,54,869.00	4	₹ 77,434.50	Non-Consumables
9	Spartan Bar	TM Metal	8	0	₹ 14,891.25	₹ 1,19,130.00	4	₹ 59,565.00	Non-Consumables
	Gladiator	Wooden Training wall 7.75 feet tall, 3 feet wide	8	0	₹ 39,610.73	₹ 3,16,885.80	4	₹ 1,58,442.90	Non-Consumables
11	11 Wall	Belts	8	0	₹ 8,835.48	₹ 70,683.80	4	₹ 35,341.90	Non-Consumables
		Rope (Set)	8	0	₹ 13,699.95	₹ 1,09,599.60	4	₹ 54,799.80	Non-Consumables
12	H.I.R.T.S	W Attachment	8	0	₹ 33,753.50	₹ 2,70,028.00	6	₹ 2,02,521.00	Non-Consumables
14	Drum Pulley	Endless /Magnet Mechanism	8	0	₹ 1,28,958.23	₹ 10,31,665.80	4	₹ 5,15,832.90	Non-Consumables

15	Wrestling Mat with Cover	 Durable vinyl, XPE(both sides with fleece) /durable 813 g/m2 non-slip vinyl surface /phthalate-free 1000- denier PVC with a class M2 fire rating and is UV resistant. Measurement : A standard wrestling mat must have a total square surface of 12 m x 12 m or octagonal with a diameter of 12 m. A circle of 1 m diameter surrounded by a 10cm width band must be drawn in the middle of the mat. United World Wrestling official marking must be indelibly applied as follows : a.blue (PMS 2757 and CMYK 100, 100, 0, 70) circle of 1 meter diameter defining the center of the mat. central wrestling area with a diameter of 7 meters in blue colour (PMS 2757 and CMYK 100, 100, 0, 0, 70) c. passivity zone represented by an orange (PMS 158 and CMYK 0, 60, 100, 0) band of 1 meter width d. protection area of 1,50 meter width in blue (PMS 654 and CMYK 100, 84, 31, 17) colour 	10	0	₹ 8,91,673.00	₹ 89,16,730.00		₹ 53,50,038.00	
16	Pull- Up Bar – 06	 4) Canvas cover must be easily stretchable by an adjustable tension device which will be used to eliminate folds. heavy weight steel, 24" long ,10 lbs, wall mounted with fitting material 	10	0	₹ 1,552.00	₹ 15,520.00	6	₹ 15,520.00	Non-Consumables
18	Battle Rope	polyster/ poly dacron, 40 feet long, 2" thickness	10	0	₹ 5,664.00	₹ 56,640.00	10	₹ 56,640.00	Non-Consumables
19	Weighing Machine	150 kg, Commercial weighting machine, metal body, electronic machine	6	0	₹ 1,876.00	₹ 11,256.00	3	₹ 5,628.00	Non-Consumables
	Total					₹ 1,16,80,571.00		₹ 68,66,817.13	
	GST@18%					₹ 21,02,502.78		₹ 12,36,027.08	
	Grand Total					₹ 1,37,83,073.78		₹ 81,02,844.21	

Grand Total ₹ 1,51,16,365.43

	Budge	t Submitted by the	e State			Assessment Done by NCSSR				
S.No.	Equipment	Unit Cost	Quantity	Quantity	Total	Quantity	Total	Remarks		
1	Body Composition Analyzer	₹700000.00	1	0	₹ 7,00,000.00	0	₹0.00			
2	Stadiometer	₹ 1,50,000.00	1	0	₹ 1,50,000.00	1	₹1,50,000.00	Recommended for Phase-I		
3	Anthropometric Kit (Skin Fold calliper,	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00			
4	Rowing ergometer	₹ 2,00,000.00	1	0	₹ 2,00,000.00	1	₹2,00,000.00	Recommended for Phase-I		
5	Digital Weighing Machine	₹ 1,00,000.00	1	0	₹ 1,00,000.00	1	₹1,00,000.00	Recommended for Phase-I		
6	Heart Rate monitor live with	₹ 5,00,000.00	1	0	₹ 5,00,000.00	0	₹0.00			
7	Computer isedspumeter	₹ 3,00,000.00	1	0	₹ 3,00,000.00	0	₹0.00			
8	Back & Grip Dynamometer	₹ 2,00,000.00	1	0	₹ 2,00,000.00	1	₹2,00,000.00	Recommended for Phase-I		
9	Surface Electromyography	₹1,00,000.00	1	0	₹ 1,00,000.00	0	₹0.00			
10	Speed Light System (running timer)	₹1,00,000.00	1	0	₹ 1,00,000.00	1	₹1,00,000.00	Recommended for Phase-I		
11	Digital Height Measuring Device	₹1,00,000.00	1	0	₹ 1,00,000.00	1	₹1,00,000.00	Recommended for Phase-I		
12	3DSCX Speed analysis	₹ 40,00,000.00	1	0	₹ 40,00,000.00	0	₹0.00			
13	DWALL	₹75,00,000.00	1	0	₹ 75,00,000.00	0	₹0.00			
14	Laser Gun (Speed gun)	₹ 5,00,000.00	1	0	₹ 5,00,000.00	0	₹0.00			
15	Vscope	₹ 10,00,000.00	1	0	₹ 10,00,000.00	0	₹0.00			
16	Touchmat	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00			
17	Hi-Speed Videography	₹ 70,00,000.00	1	0	₹ 70,00,000.00	0	₹0.00			
18	Custom Human Track Laptop	₹ 15,89,688.00	1	0	₹ 15,89,688.00	0	₹0.00			
19	Brain Mapping	₹ 30,00,000.00	1	0	₹ 30,00,000.00	0	₹0.00			
20	Pulse Biofeedback	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00			
21	EEG	₹ 1,50,000.00	1	0	₹ 1,50,000.00	0	₹0.00			
22	Reaction Timer	₹ 1,50,000.00	1	0	₹ 1,50,000.00	1	₹1,50,000.00	Recommended for Phase-I		
23	Anticipation Timer	₹ 60,000.00	1	0	₹ 60,000.00	1	₹60,000.00	Recommended for Phase-I		
24	Body Scan	₹ 6,00,000.00	1	0	₹ 6,00,000.00	0	₹0.00			
25	Digital Electronic Weighing Scale	₹ 50,000.00	1	0	₹ 50,000.00	1	₹50,000.00	Recommended for Phase-I		
26	Iso Kinetic Testing & Training	₹25,00,000.00	1	0	₹ 25,00,000.00	0	₹0.00			
27	Nord Board Hamstring Testing Unit	₹ 19,36,270.00	1	0	₹ 19,36,270.00	0	₹0.00			
28	Force Frame Hip Strength Testing Unit	₹ 18,13,888.00	1	0	₹ 18,13,888.00	0	₹0.00			
29	Player monitoring device	₹ 20,00,000.00	1	0	₹ 20,00,000.00	1	₹20,00,000.00	Recommended for Phase-I		
30	ECG Machine	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00			
31	Suction Apparatus	₹ 1,00,000.00	1	0	₹ 1,00,000.00	0	₹0.00			
32	Defibrillator	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00			
33	Fescue, resucitation & Transportation	₹ 5,00,000.00	1	0	₹ 5,00,000.00	0	₹0.00			

S.No.	Equipment	Unit Cost	Quantity	Quantity	Total	Quantity	Total	Remarks
34	Ultrasonogram Machine	₹ 25,00,000.00	1	0	₹ 25,00,000.00	0	₹0.00	
35	Digital X-rey machine	₹ 15,00,000.00	1	0	₹ 15,00,000.00	0	₹0.00	
36	DEXA	₹ 15,00,000.00	1	0	₹ 15,00,000.00	0	₹0.00	
37	Traction and Medium Wave	₹ 50,000.00	1	0	₹ 50,000.00	0	₹0.00	
38	Longwave Diathermy	₹ 2,00,000.00	1	0	₹ 2,00,000.00	0	₹0.00	
39	Laser with Scanner (Standing model)	₹ 3,00,000.00	1	0	₹ 3,00,000.00	0	₹0.00	
40	Moistheat	₹1,00,000.00	1	0	₹ 1,00,000.00	0	₹0.00	
41	Postural Bench	₹ 15,00,000.00	1	0	₹ 15,00,000.00	0	₹0.00	
42	Combination Therapy	₹ 3,45,000.00	1	0	₹ 3,45,000.00	0	₹0.00	
43	Magnetic Theraphy	₹ 20,000.00	1	0	₹ 20,000.00	0	₹0.00	
44	Rehabilitation Equipment	₹ 25,00,000.00	1	0	₹ 25,00,000.00	0	₹0.00	
45	Cryotheraphy	₹ 30,00,000.00	1	0	₹ 30,00,000.00	0	₹0.00	
46	Digital Heamoglobin Meter	₹ 16,000.00	2	0	₹ 32,000.00	0	₹0.00	
47	8 Channel Computerized Bio	₹65,000.00	1	0	₹ 65,000.00	0	₹0.00	
48	Lactate Scout (Portable)	₹72,250.00	1	0	₹72 <i>,</i> 250.00	0	₹0.00	
49	Heart Rate Monitor (Cardio Sport)	₹25,000.00	10	0	₹ 2,50,000.00	0	₹0.00	
50	Rowing Ergometer	₹2,200.00	1	0	₹ 2,200.00	0	₹0.00	
51	Heart Rate Monitor (Polar)	₹ 3,040.00	20	0	₹ 60,800.00	20	₹60,800.00	Recommended for Phase-I
52	HP Laptop (dedicated to polar team 2	₹ 38,000.00	1	0	₹ 38,000.00	1	₹38,000.00	Recommended for Phase-I
53	Saucer Cones	₹ 400.00	20	0	₹8,000.00	20	₹8,000.00	Recommended for Phase-I
54	Marking Cones	₹ 450.00	10	0	₹ 4,500.00	10	₹4,500.00	Recommended for Phase-I
55	Measuring Tape	₹ 650.00	1	0	₹ 650.00	1	₹650.00	Recommended for Phase-I
56	Lactate analyzer (portable)	₹82,880.00	1	0	₹ 82,880.00	0	₹0.00	
57	Speakers (1 Pair)	₹ 22,000.00	1	0	₹ 22,000.00	1	₹22,000.00	Recommended for Phase-I
58	Measuring Wheels (1 Pair)	₹10,714.00	2	0	₹ 21,428.00	2	₹21,428.00	Recommended for Phase-I
59	Heart Rate Monitor (Polar M200)	₹ 1,78,487.00	6	0	₹ 10,70,922.00	0	₹0.00	
60	Lactate Scout-4	₹51,861.00	1	0	₹51,861.00	0	₹0.00	
61	Desktop with Printer with UPS for	₹ 55,998.00	1	0	₹ 55,998.00	1	₹55,998.00	Recommended for Phase-I
62	Relaxation Chair/Bed	₹60,786.00	1	0	₹ 60,786.00	1	₹60,786.00	Recommended for Phase-I
63	Pulse Oximeter	₹6,396.00	3	0	₹ 19,188.00	3	₹19,188.00	Recommended for Phase-I
64	SECA Weighing Machine	₹ 1,10,920.00	1	0	₹ 1,10,920.00	1	₹1,10,920.00	Recommended for Phase-I
	Total				₹ 5,34,44,229.00		₹35,12,270.00	
	GST @ 18%				₹ 96,19,961.22		₹6,32,208.60	
	Grand Total				₹ 6,30,64,190.22		₹41,44,478.60	

Annexure V

			Indiar	n Rail	ways (85 Disciplines in 76 KICs)				
S.No.	State / UTs	S.No.	Districts	S.No.	Name of the Centre	Sports Discipline			
				1011	Archery Range	Archery	Colour code	Remark	
1	Andhra Pradesh	1	Krishna	1012	Divisional Railway Manager Office, Railway Stadium, Opp Gandhi Nagar	Athletics		No new KIC present	
1	Anunia Pradesn					Badminton			
		2	Visakhapatnam	1013	Railway Stadium, Visakhapatnam	Swimming			
						Weightlifting			
				1014	Archery Range, Maligaon	Archery			
		3	Kamrup	1015	Maligaon Railway Indoor Stadium	Table Tennis			
2	Assam					Weightlifting			
					N.F. Railway Stadium, Maligaon Police Station Jalubari	Athletics			
		4	Kamrup Metropolitan Patna		Railway Sports Complex, Maligaon Digha, Patna	Boxing Badminton			
3	Bihar	6		_	•				
		7	Samastipur Bijapur	_	Railway Stadium, Mugalsarai Bijapur	Wrestling Cycling			
4	Chhattisgarh				Archery Stadium	Archery			
-	Cintactogani	8	Bilaspur		Railway Sports Complex	Boxing			
				1022		Badminton			
				1023	Karnail Singh Stadium, New Delhi	Boxing			
5	Delhi (UT)	9	Central			Cycling			
				1024	Railway Wrestling Academy, Kisanganj, Delhi	Wrestling			
		10	New Delhi	1025		Wrestling			
		11	Ambala	1026	Division Railway Stadium, Ambala	Boxing			
6	Haryana	12	Rohtak	-	Division Railway Stadium, Rohtak	Boxing			
		13	Yamunanagar	1028	JagadhariWork Shop	Weightlifting			
7	Jharkhand	14	Ranchi	1029	DRM Office, Hatia	Hockey			
		15	Bangalore	-	Rail Club, Bengalore	Table Tennis			
8	Karnataka			1031	Railway Sports Ground Club Road Keshwapur, Hubballi	Athletics			
		16	Dharwad		Railway Sports Ground, Hubli	Weightlifting			
9	Kerala	17	Palakkad		Railway Football Stadium, Railway Coloney, Palghat	Athletics			
-		18	Indore	1034	Railway Sports Institute	Wrestling			
10	Madhya Pradesh	19	Jabalpur	-	WCR/Jabalpur	Weightlifting			
			30201201	-	Central Railway Parel Stadium, Mumbai	Weightlifting			
				1030	Lal Bhadur Shastri Vyamshala, Matunga Mumbai	Wrestling			
11	Maharashtra	20	Mumbai	1037	Mahalaxmi Railway Indoore Stadium, Mumbai	Boxing			
**	Wana asira				Mahalaxiii Kaliway Indoble Staululi, Mulhoal Mahalaxii Sports Ground	Weightlifting			
		21	Pune	1039	Railway Sports Complex, Pune	Wrestling			
		21	Amritsar	1040	Railway Colony Sports Groung, Amritsar	Archery			
		22	Firozpur	1041	Division Railway Stadium, Firozpur	Boxing			
		23	Filozpui	1042	Hockey Ground, Kapurthala	Hockey			
12	Punjab	24	Kapurthala		Rail Coach Factory Kapurthala	Athletics			
12	ruijau	24	Kapurtilaia						
				-	Weightlifting Hall, Kapurthala	Weightlifting			
		25	25 Patiala	Patiala	1046	DCW Golf Course, Sports Complex, Patiala	Archery		
				1047	DCW, Sports Complex, Patiala	Athletics			

,		1 1		1040	Deiluse Challer Aires	Mar and Same
		26	Ajmer		Railway Stadium, Ajmer	Wrestling
					Rigo Stadium, Ajmer	Athletics
		27	Bikaner	_	NWRSA, Bikaner	Cycling
					K.P. Singh Stadium, Ganpati Nagar Railway Coloney, Jaipur	Athletics
13	Rajasthan	28	Jaipur	1052	KP Singh Stadium, Jaipur	Boxing
			·		NWRSA, Jaipur	Cycling
				1054	Railway Stadium, Jaipur	Wrestling
		29	Jodhpur	1055	Railway Stadium Jodhpur	Badminton
						Judo
		30	Udaipur	1056		Athletics
				1057	· · · · · · · · · · · · · · · · · · ·	Athletics
				1058	M. Arun Sports Complex, ICFSA Chennai	Weightlifting
				1059	Md. Shaid Astro Turf, Hockey Stadium	Hockey
14	Tamil Nadu	31	Chennai	1060	Railway Colony Ground, Podanur Railway Junction Coimbatore Salam Division. Southern Railway	Athletics
				1061	Railway Ground, Arasaradi, Opposite Solamalai, Theatre, Madurai	Athletics
				1062	Railway Sports Complex, Chennai	Boxing
				1063	Railway Stadium, Kallukuzi, Railway Colony, Tiruchirapally	Athletics
				1064	Astro Turf Hockey Stadium	Hockey
			Hyderabad	1065	Railway Sports Complex, Hyderabad	Cycling
15	Telangana	32		1066	Railway Sports Complex, Rail Nilyam, Secunderabad	Athletics
				1067	SCR Sports Complex	Boxing
					South Central Railway Sports Association, Behind Rail Nilyam, Secunderabad	Weightlifting
		33	Agra	1069	Govardhan Railway Stadium, Agra	Wrestling
		- 55	Agita	1070	Divisional Railway Manager Office, Sports Stadium Road No. 4, Bareilly	Athletics
		34	Bareilly	1071	MCF Sports Complex, Bareilly	Swimming
				1072	Modern Coach Factory, Bareilly	Hockey
			a			Athletics
		35	Gorakhpur	10/3	Saiyad Modi Railway Stadium, Gorakhpur	Wrestling
16	Uttar Pradesh	26		1074	NER Railway Stadium, Lucknow	Weightlifting
		36	Lucknow	1075		Athletics
			D	_	NCRSA/Prayagraj	Weightlifting
		37	Prayagraj	1077	Railway Stadium, Prayagraj	Badminton
		20		1070		Swimming
		38	Varanasi	10/8	BLW, Varanasi	Wrestling
				1079	Eastern Railway Sports Complex, Majerhat	Boxing
				1080	ER Behala Swimming Pool Complex	Swimming
						Archery
		20	12 H	1081	Majerhat Sports Complex, Kolkata	Table Tennis
17	West Bengal	39	Kolkata	1082	Majerhat, Kolkata	Cycling
	-			1083	PL Roy Indoor Stadium, Kolkata	Badminton
					Sealdah Indoor Sports Complex, Sealdah	Weightlifting
				1085		Weightlifting
1 /		40	Paschim Bardhaman		CLWSA, Chittaranjan	Athletics

			Indian I	Railways (3	35 Disciplines in 30 KIC	<u>(s)</u>	
S.No.	State / UTs	S.No. (Districts)	Districts	S.No. (Centres)	Name of the Centre	S.No. (Disciplines)	Sports Discipline
						1	Badminton
				1	Karnail Singh Stadium, New Delhi	2	Boxing
1	Delhi (UT)	1	Central			3	Cycling
-				2	Railway Wrestling Academy, Kisanganj, Delhi	4	Wrestling
		2	New Delhi	3	Shakurbasti Wrestling Akhara	5	Wrestling
				4	Eastern Railway Sports Complex, Majerhat	6	Boxing
			ľ	5	ER Behala Swimming Pool Complex	7	Swimming
				6	Majorbat Sports Complex, Kelkata	8	Archery
		3	Kolkata	0	Majerhat Sports Complex, Kolkata	9	Table Tennis
2	West Bengal	5	KUIKala	7	Majerhat, Kolkata	10	Cycling
2	west beliga			8	PL Roy Indoor Stadium, Kolkata	11	Badminton
				9	Sealdah Indoor Sports Complex, Sealdah	12	Weightlifting
				10	SERSA/Kolkata	13	Weightlifting
		4	Paschim Bardhaman	11	CLWSA, Chittaranjan	14	Athletics
		5	Dravagrai	12	NCRSA/Prayagraj	15	Weightlifting
		5	Prayagraj	13	Railway Stadium, Prayagraj	16	Badminton
		6	Varanasi	14	BLW, Varanasi	17	Swimming
			Varanasi	14		18	Wrestling
3	Uttar Pradesh	7	Gorakhpur	15	Saiyad Modi Railway Stadium, Gorakhpur	19	Athletics
						20	Wrestling
		_		16	NER Railway Stadium, Lucknow	21	Weightlifting
		8	Lucknow	17	North Eastern Railway Stadium, Aishbagh Lucknow	22	Athletics
		9	Ambala	18	Division Railway Stadium, Ambala	23	Boxing
4	Haryana	10	Rohtak	19	Division Railway Stadium, Rohtak	24	Boxing
		11	Yamunanagar	20	JagadhariWork Shop	25	Weightlifting
				21	ICF Ground, Perambur	26	Athletics
				22	M. Arun Sports Complex, ICFSA Chennai	27	Weightlifting
				23	Md. Shaid Astro Turf, Hockey Stadium	28	Hockey
5	Tamil Nadu	12	Chennai	24	Railway Colony Ground, Podanur Railway Junction Coimbatore Salam Division.	20	Athletics
				25	Southern Railway Railway Ground, Arasaradi, Opposite Solamalai, Theatre, Madurai	29 30	Athletics
				26	Railway Sports Complex, Chennai	30	Boxing
				20	Railway Stadium, Kallukuzi, Railway	32	Athletics
6	Maharashtra	13	Pune	28	Colony, Tiruchirapally Railway Sports Complex, Pune	32	Wrestling
7		13	Amritsar	28	Railway Sports Complex, Pune Railway Colony Sports Groung, Amritsar	33	Archery
/	Punjab	45	E la comuna	20		25	D and a m
		15	Firozpur	30	Division Railway Stadium, Firozpur	35	Boxing

Colour Code	Remark
	Centre with Multiple discipline

Annexure VI

S. No	Regionsl Centers	State	Amount per State	Total Amount to be allotted	
		Andhra Pradesh	Rs.75,000/-		
1	NSSC Bangalore	Telangana	Rs.75,000/-	Rs.2,25,000/-	
		Karnataka			
		Punjab	Rs.75,000/-	and the second sec	
		Chandigarh	Rs.75,000/-		
2	RC Chandigarh	Himachal Pradesh	Rs.75,000/-	Rs.3,75,000/-	
		Jammu & Kashmir	Rs.75,000/-		
1		Ladakh	Rs.75,000/-		
		Gujarat	Rs.75,000/-	Rs.1,50,000/-	
3	NSWC Gandhinagar	Rajasthan	Rs.75,000/-	K3.1,50,000/	
		Sikkim	Rs.75,000/-		
		Arunachal Pradesh	Rs.75,000/-	Rs.3,00,000/-	
4	RC Guwahati	Assam	Rs.75,000/-] [
		Meghalaya	Rs.75,000/-		
5		Haryana Rs.75,0		Rs.1,50,000/-	
	NRC Sonepat	Delhi	Rs.75,000/-	K3.1,50,000/-	
	I and a standard and a	West Bengal	Rs.75,000/-		
6		Tripura	Rs.75,000/-		
	NSEC Kolkata	Bihar	Rs.75,000/-	Rs.4,50,000/-	
		Jharkhand	Rs.75,000/-	KS.4,50,000/-	
1		Jamm OđisKa shmir	Rs.75,000/-		
		Andaman & Nicobar	Rs.75,000/-		
		Uttar Pradesh		Rs.1,50,000/-	
8	NSRC Lucknow	Uttarakhand	Rs.75,000/-	KS.1,50,000/-	
	2	Manipur	Rs.75,000/-		
9	NERC Imphal	Mizoram	Rs.75,000/-	Rs.2,25,000/-	
		Nagaland	Rs.75,000/-		
1.5		Maharashtra	Rs.75,000/-		
10	RC Mumbai	Goa	Rs.75,000/-	Rs.2,25,000/-	
		Daman Diu Dadra Nagar Haveli	Rs.75,000/-		
111	RC Bhopal	Madhya Pradesh	Rs.75,000/-	Rs.1,50,000/-	
		Chattisgarh	Rs.75,000/-		
1		Kerala	Rs.75,000/-		
	LNCPE,	Tamil Nadu	Rs.75,000/-	Da 2 00 000/	
12	Thiruvananthapuram	Puducherry	Rs.75,000/-	Rs.3,00,000/-	
		Lakshadweep	Rs.75,000/-		
1	And the second sec	Rs. 27,00,000/-			

SPORTS AUTHORITY OF INDIA

FileNo.:9-31/SAI/FITINDIA/2024/FIT INDIA WEEK

Dated: 28.10.2024

Sub- Fit India Week 2024-reg

Fit India School Week was conceived in the year 2019 with the imperative need of creating awareness about fitness among children, parents, teachers and school staff. In this campaign, school fraternities across the country were encouraged to celebrate 4 to 6 days in a week to promote a healthy and active lifestyle by indulging in various activities such as debates, quiz, essay writing, poster-making indigenous fitness, of pledge and meditation, competitions, yoga sports, running/races, cycling races, popular sports & fun games, idea generation contests & entrepreneurship building etc. The 1st edition of Fit India School Week was celebrated in the 3rd week of November 2019 as Fitness Week in partnership with the Ministry of Education. More than 15,000 schools participated in the 1st edition of Fit India School week. In the subsequent five editions, the Fit India Week has been observed by 18.5 Lakhs schools the details of which are as under:

S.No.	Editions	Participation		
1	First Edition	15 Thousand		
1. 2.	Second Edition	4.3 Lakhs		
3.	Third Edition	4.5 Lakhs		
4.	Fourth Edition	5.58 Lakhs		
5.	Fifth Edition	4.16 Lakhs & 1024		
		Universities		

2. In order to propagate and popularize the Fit India School Week among the school fraternity and general population at large, the public representatives namely the Hon'ble Members of Parliament and Hon'ble Members of Legislative Assembly were requested to attend the Fit India School Week celebrations in a school in their respective constituency. Their presence played a pivotal role in showcasing the popularity of Fit India School Week which was further amplifies by extensive media coverages.

3. It is pertinent to mention that, the 5th edition of Fit India School Week was rechristened as "**Fit India Week 2023**" to expand the outreach of the week to include colleges, universities and higher educational institutions (HEI) and organized from 15th November 2024 to 31st January 2024. As per the data provided by the Ministry of Education, the Fit India Week 2023 witnessed participation of more than 4.16 Lakhs schools and over 1024 universities and HEIs and 2.76 Crores students from all over India.

सुजाता चतुर्वेदी, भा.प्र.से G2



भारत सरकार खेल विमाग अमृत महोत्सव युवा कार्यक्रम और खेल मंत्रालय Government of India Department of Sports Ministry of Youth Affairs & Sports Date: 05.11.2024

Sujata Chaturvedi, IAS Secretary

D.O.No.17-08001/6/2024-17

Dear Sanjoy,

At the outset, let me express the gratitude of the Fit India Mission to the Department of School Education and Literacy, for its support in making the previous five editions of the Fit India School Week a success. The past editions have witnessed a cumulative participation of over 18 Lakh schools.

2. As we embark on the 6th edition of the Fit India Week, our goal is to make this year's event bigger and more inclusive than ever. Building on the enthusiasm of schools, colleges, and universities, it shall be our endeavour to make fitness a part of daily life style and spread the message of fitness among various segments of the population. This year, the Fit India Week is scheduled to be celebrated from 15th **November to 31st December 2024**. During this period, schools and colleges are encouraged to conduct a range of fitness activities over 4 to 6 days of the chosen week.

3. In this regard, it is requested to kindly issue necessary directions to CBSE, CISCE, KVS, JNV, States/UTs and State Education Boards to encourage all schools and colleges to register for the Fit India Week and celebrate it in a grand manner. The details of the Fit India Week would be available from first week of November, 2024on the Fit India portal [https://fitindia.gov.in].

4. It is also suggested that the Annual Sports Day of schools be celebrated on any day falling the Fit India Week, to promote a culture of sports. Schools may also be directed to provide the fitness reports of the students to their parents during this campaign. Details of the talented athletes identified by the schools and colleges during their Annual Sports Day can be shared on a dedicated link, details of which would be available on the Fit India portal. Further students and teachers can be encouraged to use bicycle for commuting with due focus on road safety.

5. A list of suggestive activities for the Fit India Week, 2024 incorporating the celebrations of the Annual Sports Day are enlisted in the SOP enclosed herewith.

6. I look forward to your continued support to make the Fit India Week a big success.

Best Wishes,

ours sincerely,

(Sujata Chaturvedi)

Shri Sanjay Kumar Secretary Dept of School Education and Literacy Ministry of Education 124-C, Shastri Bhawan, New Delhi.

कमरा सं. 3, 'सी' विंग, शास्त्री भवन, नई दिल्ली—110001 दूरभाष : 011—23388623 Room No. 3, 'C' Wing, Shastri Bhawan, New Delhi-110001 Tel.: 23388623 फैक्स / Fax: 011-23388758, ई—मेल / E-mail : secy-sports@nic.in सुजाता चतूर्वेदी, भा.प्र.से

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Sujata Chaturvedi, IAS Secretary

सचिव

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भारत सरकार खेल विमाग अमृत महोत्सव युवा कार्यक्रम और खेल मंत्रालय **Government of India Department of Sports** Ministry of Youth Affairs & Sports Date: 05.11.2024

D.O.No.17-08001/6/2024-17

HILE 2023 INDIA

Dear Sanjay,

At the outset, let me express the gratitude of Fit India Mission to the Department of School Education and Literacy, for its support in making the previous five editions of the Fit India School Week a success. The past editions have witnessed a cumulative participation of 18 Lakh schools.

आजादीका

As we embark on the 6th edition of the Fit India Week, our goal is to make this 2. year's event bigger and more inclusive than ever. Building on the enthusiasm of schools, colleges, and universities, it shall be our endeavour to make fitness a part of daily life style and spread the message of fitness among various segments of the population. This year, the Fit India Week is scheduled to be celebrated from 15th November to 31st December 2024. During this period, schools, colleges and universities are encouraged to conduct a range of fitness activities over 4 to 6 days of the chosen week.

In this regard, it is requested to kindly issue necessary directions to all 3. colleges and Universities, States/UTs higher education departments to encourage them to register for the Fit India Week and celebrate it in a grand manner. The details of the Fit India Week would be available from first week of November, 2024 on the Fit India portal [https://fitindia.gov.in].

It is also suggested that the Annual Sports Day of colleges and Universities be 4. celebrated on any day falling in the Fit India Week, to promote a culture of sports. Efforts may also be made to encourage students and faculty members to commute by bicycle with a focus on road safety. A list of suggestive activities for the Fit India Week, 2024 incorporating the celebrations of the Annual Sports Day are enlisted in the SOP enclosed herewith.

I look forward to your continued support to make the Fit India Week a big 5. success.

Best wishes,

Yours sincerely,

(Sujata Chaturvedi)

Shri K Sanjay Murthy Secretary Dept of Higher Education Ministry of Education 127-C, Shastri Bhawan, New Delhi.

कमरा सं. 3, 'सी' विंग, शास्त्री भवन, नई दिल्ली—110001 दूरभाष : 011—23388623 Room No. 3, 'C' Wing, Shastri Bhawan, New Delhi-110001 Tel.: 23388623 फैक्स / Fax: 011-23388758, ई—मेल / E-mail : secy-sports@nic.in